



ANEW DAWN BEAUTY AND BALANCE MOST REQUESTED SPA TREATMENTS

By Sue Toth

At Anew Dawn Beauty and Balance, located at 124 Morris Turnpike in Randolph, Dawn caters to her guests with individualized attention to detail. Her 25 years of experience in the wellness industry gives her a therapeutic advantage that her clients experience at each visit. Dawn combines holistic philosophies and massage techniques that include lymphatic drainage, warm stones and healing hands to promote relaxation, rejuvenation and a healthy glow.

One of the most requested services at Anew Dawn Beauty and Balance is the Microcurrent Face Lifting Treatment. This technique can be administered as a stand-alone treatment before an event, or in a series for optimal lasting change in the skin. This treatment is relaxing, painless, and has no down time.



WHY DOES ELECTRIC CURRENT HELP YOUR FACE?

When the wands (two wands are placed on your face to form a circuit between them) tiny pulses of electricity jump from wand to wand exactly the same way that your body's own muscles generate electric pulses to move. Aside from just giving your facial muscles a workout, the two prongs help your body produce collagen, elastin, and increase blood circulation. That's an immediate effect that you'll get from your very first treatment. The more treatments you get, the stronger those face muscles will grow, the more collagen and elastin are produced, and the healthier and younger your face will appear.

ANEW DAWN RISE + REVITALIZE | Lymph-Lift with Facial Cupping + Cryotherapy

Another treatment sure to lift, tone and create a glow is Manual Lymphatic Drainage. MLD and facial cupping drain toxins from the face, smooth fine lines and alleviate puffiness under the eyes. A Guasha stone tool with cold globes will stimulate blood, lymph and chi flow, flush lactic acid and metabolic waste, assist with collagen synthesis, improve and balance muscle tone, clear sinuses and help treat respiratory issues, reduce inflammation, increase circulation, and help with pain reduction.

REGENERATE NANOFACIAL Best. Facial. Ever.

The Regenerate Wand is a professional-grade, state-of-the-art precision cosmetic tool featuring nano-technology designed to address fine lines and wrinkles, blemishes, as well as a myriad of other cosmetic skin issues. NanoFacial includes Cleanse, Exfoliation, Regenerate with customized serums to address your specific skin concerns, Calming Mask, and After-care. This treatment is very effective on its own or added to any of Dawn's facial treatments.

If you're not ready to visit in person yet, Dawn offers a unique beauty method for unusual times.

ANEW DAWN VIRTUAL FACIAL - Unusual times call for unique beauty methods

If your skin is starting to show the signs of stress due to these uncertain times, Anew Dawn Beauty and Balance has the solution! This is a fun online group party idea as well.

Indulge in self-care and learn how to create glowing skin from home.

Each session includes:

- At-home facial kit shipped to you with professional products and protocol for optimal results
- 60-minute one-on-one virtual appointment to complete facial step-by-step and discuss concerns
- Additional items include tea, chocolate and a Guasha tool with special instructions on lymphatic drainage techniques for a lifted effect.

For an enhanced experience sure to relax, refresh and renew, is Dawn's Balanced Bliss Massage. For extra indulgence, add Warm Stone Therapy or foot Reflexology.

Dawn is available by phone at 973-769-0066 or on her website at www.anewdawnbeautyandbalance.com



ANEW DAWN
beauty and balance
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